

THE MORE YOU LOOK **THE MORE YOU SEE**



# The Flows Field Centre

## Learning outside the classroom

Easily accessible by train or vehicle, the Flows Field Centre is the ideal base camp for delivering learning outside the classroom.



## Activity overview



### Primary Schools

The Flows Field Centre is ideally located and equipped to deliver parts of the science curriculum and social studies, specifically through outdoor learning. Professional teaching staff can help you set up an activity programme and deliver parts of it or plan and deliver all activities, tailored to meet your learning outcomes. In the past we have delivered peatland discovery

lessons for P1-P3, and a range of lessons for P4-P7, including pond life studies, peat depth measuring, and exploring former ways of life at shielings.

### Transition programmes

We would be happy to work with you to develop transition programmes for P7 pupils. Based at the Flows Field Centre, the programme would focus on personal and social development through outdoor learning and environmental education. Activities will have a particular focus on teamwork, communication skills, sharing and feedback, and contain elements of leadership and “caring for yourself and others”. Duration and contents are flexible, please get in touch with our learning development officer for more information.



### Secondary schools

Forsinard has fantastic field studies opportunities for **Geography, Biology or Environmental Science** classes. Using survey methods and sampling techniques, and handling scientific equipment, the field studies led by our staff enables completion of added value units, and National 4, 5 and higher assignment projects. For an **arts** class, why not turn the Flows Field Centre into an atelier or creative hub? For **English** classes, the area is also a great resource.

You only have to look at the map to find relations between place and language. The area can be an inspiration for nature and travel writing. Historical sites such as the Borg Broch at Forsinain, shielings, and clearance villages are easily accessible from the Flows Field Centre.

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### Accommodation

The Flows Field Centre has group accommodation for up to 16 people, and comprises:

- 5 two-person bunk rooms
- 1 four-person en-suite bunk room
- 1 twin bed en-suite room
- Key-pad restricted access to the accommodation

An all abilities bedroom with en-suite bathroom is available on request. Demand for this room needs to be disclosed at the earliest stage possible to ensure availability. In addition to a staircase, a lift offers access between the ground floor and the first floor accommodation.



*Two person bunk room*



### Meals

The guest kitchen is available for self-catering and has everything you would expect in a kitchen geared towards larger groups. If you would rather not cook, or perhaps have the main meals provided, we can advise on local caterers. You can also bring your own caterer. Please put them in touch with us to ensure they can make most of the kitchen facilities that we have.

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### **Facilities and equipment**

A fully kitted out laboratory is available, including equipment like microscopes, a fume cupboard and a drying oven. If you would like to use the lab as part of your stay, please make this clear at the time of booking, so we can provide you with relevant information. A detailed equipment list is available on request.



### **Group space**

The group space has state of the art audiovisual equipment, and is ideally suited for presentations and briefings. The room doubles up as dining room and social space, with the possibility to turn it into a cinema, lounge or table tennis and games room.



We have a variety of education equipment such as a flipchart stand and a whiteboard available, as well as games and creative materials for free time and social activities.

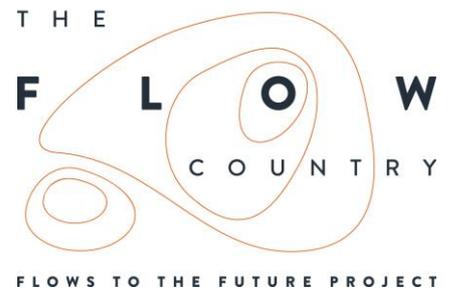


### **Drying room**

A drying room is also available, ensuring your field equipment and garments are dry for use the next day.



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**Rates and booking**

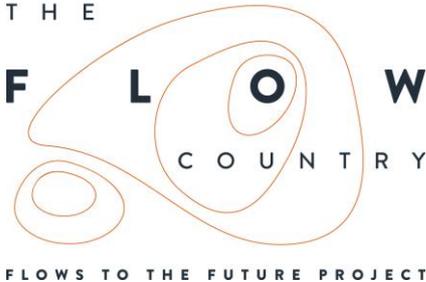
Standard overnight rate      £12.00 p.p.p.n. (*to be confirmed*)  
Activities                              Free

If you would to stay in the Field Centre as part of an educational residential trip please get in touch with our Learning Development Officer, Hilary Wilson by calling 016 4176 1313 or email [hilary.wilson@rspb.org.uk](mailto:hilary.wilson@rspb.org.uk). We look forward to hearing from you!



*for schools*

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