

## An opportunity not to be mossed!!

## Conservation working holiday weeks – help conserve the internationally important Flow Country Peatlands at RSPB Forsinard

We are looking for help with our hands on conservation work at our Forsinard Flows Nature Reserve in Caithness & Sutherland. It is the RSPB's largest nature reserve and is famous for its extensive blanket bogs which provide a home for a wide range of special plants and wildlife.



We are providing a wonderful opportunity for a group of like-minded people to come together for a week or two to carry out some really special work for us. You can book either as a group, or as an individual and see who you meet.

We are conducting large landscape scale habitat management at Forsinard, and people taking part in these volunteering weeks will get the opportunity to help us in areas such as peatland restoration, and vegetation monitoring. Participants will gain a unique insight into the reserve's management, make a real difference to peatland conservation in the Flow Country and (hopefully) see some amazing wildlife too. Accommodation is provided, although you will need to provide your own food.

## There are **six** specific weeks on offer:

- 17<sup>th</sup>-24<sup>th</sup> August 2019
- 24th-31st August 2019
- 7th-14th September 2019
- 14<sup>th</sup> -21<sup>st</sup> September 2019
- 12<sup>th</sup> -19<sup>th</sup> October 2019
- 19th-26th October 2019

Appropriate training will be provided – no previous experience is needed. The reserve is easily accessible via public transport, with the train station being located at our visitor centre!

If you are interested please visit <a href="http://www.rspb.org.uk/get-involved/community-and-advice/volunteer/274-residential-volunteers-friends-and-family-at-forsinard">http://www.rspb.org.uk/get-involved/community-and-advice/volunteer/274-residential-volunteers-friends-and-family-at-forsinard</a>

For enquiries, questions or bookings please contact Claire via email at <a href="mailto:claire.foot@rspb.org.uk">claire.foot@rspb.org.uk</a> or Jane Shah at RSPB Residential Volunteering jane.shah@rspb.org.uk



